



NEW WAYS TO SEE AND TREAT ADDICTIVE BEHAVIOR

If you are wondering how to reduce, replace, and reset an addictive habit that you or a family member is struggling with, this workshop will be helpful. This workshop will explore ways to understand the science of dependency, dopamine behavior, and how to replace old myths - In order to change addictive behaviors for long lasting success.

This workshop is available at **no cost**.

To register, click [HERE](#).



Caryl Ann Duvall, CMHC, CFLE

Caryl Ann Duvall is a clinical mental health counselor and a certified family life educator with master experience in teaching relationship skills, overall well-being, anger management, substance abuse, coping skills, and parenting skills. She is trained in trauma focus practices and family dynamics. She is conscious of the effects of the social environment and can help navigate life through therapeutic tools to improve life's satisfactions. Outside of the office she enjoys the outdoors, hiking, gardening, music, and spending time with her blended family of seven kids and two grandkids.

April 17th

12:00 p.m. - 1:00 p.m. MT

Event Location:

Online!