

BACKGROUND

- The aim of this project is to address the critical issue of workplace violence among medical-surgical nurses through a comprehensive intervention plan.
- Workplace violence is a pervasive issue in healthcare, affecting nurses across various settings and specialties¹.
- The consequences of workplace violence are wide-ranging, impacting nurses' physical and emotional health, job satisfaction, and patient outcomes^{2,3}.
- Recognizing warning signs and implementing de-escalation techniques are crucial skills for nurses to mitigate the risk of violence^{4,5}.
- Hospital policies, reporting procedures, and support resources play essential roles in preventing and addressing workplace violence incidents.

METHODS

- The framework used was the Stages of Change Theory.
- The following deliverables were created:
 - Workplace Violence Prevention Pamphlet
 - Medical-Surgical Nurse Workplace Safety and Well-being Survey
 - Workplace Violence Consequences Infographic
 - Workplace Violence Training PowerPoint

REFERENCES

¹Al-Qadi, M. M. (2021). Workplace violence in nursing: A concept analysis. *Journal of Occupational Health*, 63(1), e12226-n/a. <https://doi.org/10.1002/1348-9585.12226>

²Kim, S., Mayer, C., & Jones, C. B. (2021). Relationships between nurses' experiences of workplace violence, emotional exhaustion and patient safety. *Journal of Research in Nursing*, 26(1-2), 35-46. <https://doi.org/10.1177/1744987120960200>

³Havaei, F., Astivia, O. L. O., & MacPhee, M. (2020). The impact of workplace violence on medical-surgical nurses' health outcome: A moderated mediation model of work environment conditions and burnout using secondary data. *International Journal of Nursing Studies*, 109, 103666-103666. <https://doi.org/10.1016/j.ijnurstu.2020.103666>

⁴Baig, L., Tanzil, S., Shaikh, S., Hashmi, I., Khan, M. A., & Polkowski, M. (2018). Effectiveness of training on de-escalation of violence and management of aggressive behavior faced by health care providers in public sector hospitals of Karachi. *Pakistan Journal of Medical Sciences*, 34(2), 294-299. <https://doi.org/10.12669/pjms.34.2.14432>

⁵Shane Escue, J., Gutierrez, F., Rebecca Batts, J., Lumagui, M., & Oloan, V. (2023). Implementing effective interventions against workplace violence. *Critical Care Nursing Quarterly*, 46(3), 255-270. <https://doi.org/10.1097/CNQ.0000000000000457>

INTERVENTIONS

- Step 1: Conduct a literature review on workplace violence to understand existing challenges.
- Step 2: Form an interdisciplinary team with diverse input and perspectives.
- Step 3: Develop project materials, including pamphlets, surveys, and infographics.
- Step 4: Conduct educational training sessions for medical-surgical nurses.
- Step 5: Analyze survey responses to identify insights and trends.
- Step 6: Share project findings with stakeholders through reports and presentations.
- Step 7: Implement changes based on evaluation results to improve effectiveness.

IMPACTS

- Increased awareness and understanding of workplace violence among medical-surgical nurses.
- Improved reporting and documentation of workplace violence incidents.
- Enhanced workplace safety measures and prevention strategies.
- Greater job satisfaction and well-being for medical-surgical nurses.
- Long-term reduction in workplace violence incidents and associated consequences.



TOOLS

CONCLUSIONS

- Workplace violence against nurses is a significant issue, with high prevalence rates reported globally.
- Implementing targeted interventions, informed by the Stages of Change Theory, can effectively address workplace violence among medical-surgical nurses.
- Collaborative efforts involving interdisciplinary teams, comprehensive training sessions, and accessible resources like pamphlets and infographics are crucial in promoting a safer work environment for nurses.