

# Vibes

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Annex 12—1308 University Circle, Ogden, UT, 84408

**“Education is the key to unlock the golden door of freedom.”**

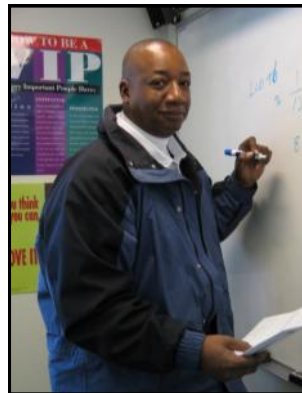
*—George Washington Carver*

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## Student Appreciates VUB Help

**J**eff Henry first came to Veterans Upward Bound last spring, looking for a little help in math. Previous experiences with university math tutors had left him feeling confused as teaching styles between tutors varied greatly. Jeff really appreci-



Jeff Henry

ates coming to the VUB office for math tutoring now as he only works with one tutor and one teaching style, allowing him to learn and grow as he develops his own personal math style. He especially enjoys the interpersonal interaction he receives at VUB, explaining, I feel more comfortable here.”

Jeff, originally from Reno, Nevada, spent his military career as a Maintenance Pro-

duction Manager in the Air Force. Retired after 24 years and having been stationed in New Mexico, Korea, and California, Jeff now calls Utah home after deciding it was a great place to raise a family.

All the years spent as a scheduler in the military has prepared him well for his future career in the health care administration field. Majoring in Health Administrative Services, with an emphasis in Long-Term Care, and minoring in Women's Studies, Jeff is hoping to create a special niche for himself as a scheduler of health care services for residents of assisted living facilities, either for a non-profit company or in a business of his own.

Though just finishing his third semester at Weber State University, Jeff is already looking forward to next semester and plans to graduate in 2014. Jeff has a 16-year-old son and currently lives in North Ogden.



**TRIO**  
VETERANS UPWARD BOUND



# Need Money for School?

## *Apply Now for 2011-12 Financial Aid*



**J**anuary is the time to start thinking about the financial aid application for the 2011-2012 school year. Full- and part-time students may be eligible for federal financial aid, and even those who are using GI Bill or other VA assistance may still qualify for grants, loans, and/or work study.

The Free Application for

Federal Student Aid (FAFSA) is available beginning January 1, though it is easiest to complete once your federal taxes have been filed. This electronic application can be accessed at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). In addition to the actual application, the FAFSA site provides a number of tools to help with completion of the form, including a checklist of needed information to have ready before

starting the application.

The process for filling out the FAFSA is relatively easy, but if you need assistance, Lori Adler at the VUB office is available to help with completion of the form. In addition, a FAFSA workshop for VUB participants is scheduled for WSU: Monday, February 28, 2:30-4 pm; and SLCC: Tuesday, March 1 3:30-5 pm. Watch your email for more details.

## News You Can Use

### **WSU Online Tutoring**

Weber students can now access an online tutoring service via the Northwest eTutoring Consortium. Tutoring in the following subjects is currently available to all WSU students: accounting, anatomy & physiology, biology, chemistry, math (through calculus), medical coding, MS Office 2007, Spanish, statistics, web development (xHTML, CSS, and Adobe Dreamweaver), and writing. To access, go to [www.etutoring.com](http://www.etutoring.com). Choose the Northwest consortium and then Weber State. Sign in using your Wildcat username and the word 'password.' You will then be prompted to create a permanent password.



### **Mental Health Orientation**

Feeling lost? Coping with life's problems and with mental illness can be overwhelming and difficult, but getting help isn't.



Come learn about accessing care in the VA's Mental Health Outpatient Clinic. Orientation is held every Tuesday (10 -11:30 am) and Thursdays (5-6:30 pm) at the Mental Health Outpatient Clinic (Bldg 47-VA Medical Center in Salt Lake City). No appointment is needed, and

spouses/significant others or family members are welcome. For more information, call Anne Marquardt at 801-582-1656, ext 2708).

### **WSU 2011 Major Fest**

Come and explore Weber's majors, minor, and student services. The event will be held in the Shepherd Union on January 26 from 8:30 am-12:30 pm and from 4:30-6:30 pm.

### **Women Veterans Health Care**

A support and education group for women veterans meets every 2nd and 3rd Wednesday from 5-6:30 pm at the Women's Clinic (Bldg 1, Rm 1D17 at the VA Medical Center in Salt Lake City). For more information, contact Gina Painter at 801-582-1565, ext 5423.

# From the Director's Desk...



Randy Wilson, new Veterans Upward Bound Director

**M**y name is Randy Wilson and on October 11, 2010, I became the Director of the Weber State University Veterans Upward Bound program. I am looking forward to helping you and to meeting you as you take advantage of the services offered by VUB.

Veterans Upward Bound, and Federal TRIO Programs, is what I believe in and that is why I am on the career path I began over thirty years ago in

Murray, Kentucky with the Upward Bound high school program. I remained in the Upward Bound position at Murray State University for 14 years and then became the Director of Upward Bound at Northern Kentucky University where I stayed for three more years before becoming the VUB Director at Western Kentucky University in Bowling Green, KY. After 14.5 years there I accepted the leadership of the Weber State University program and I hope to stay her through retirement which may come in 2016.

When I was in high school I could have qualified to be an Upward Bound or Educational Talent Search student but there were no programs available. I joined the Air Force straight out of high school because I could use the GI Bill later for school. After one enlistment I entered college. There was no

VUB program at my college so I did everything the long and hard way but I finally made it and started helping others like myself through my TRIO employment.

Outside of work I am a typical Pisces, if you believe in astrology at all. I value privacy and can become a recluse if I am not careful. I participate in such activities as community theatre, choirs, etc., to remain social. When alone I play games on the internet, read science fiction and adventure novels and watch movies at home. I dabble with writing a novel but my writing skills will never get me published. And, I collect decorative shot glasses from new locations I visit.

Please stop by when you can and say hi. If you need to contact me my phone is (801) 626-7047 and my email is

[randalwilson@weber.edu](mailto:randalwilson@weber.edu).

## Shoeboxes for Veterans Collection a Huge Success

**T**his year, Veterans Upward Bound collected 303 packages during the annual Shoeboxes for Veterans drive. Campus and community members dropped off boxes filled with toiletries, clothing, and treats. Wrapped in colorful paper, the holiday packages were delivered to

the Homeless Veterans Fellowship and Veterans Nursing Home in Ogden as well as homeless veteran shelters in Salt Lake City.

The drive, which has been a VUB holiday event for the past ten years, continues to grow every year, making Christmas a little nicer for those less fortunate.



Randy Wilson, VUB Director, and Matthew Glover, student worker, help deliver packages to the Ogden Veterans Nursing Home.



# VUB Student Embraces Challenges

**A**s a mother of five, one would think Amber Beckstead has enough challenges in life, but that has never been the case for her.

It began in 2003, when she took the ASVAB test and scored high enough to pick just about any career option the military had to offer. Though beyond the normal age of most recruits, Amber enlisted in the Army as a combat Medic and began basic training. Though she was older than most of her fellow soldiers, and even some of

the drill sergeants, Amber graduated and was sent to Fort Hood, Texas. Though an unfortunate injury prevented Amber from completing her dream military career, the GI Bill is helping her attain another dream.

Amber began school at Salt Lake Community College this past summer, working toward a nursing degree. She is a full-time student in addition to her home responsibilities and a full-time job.



Amber Beckstead

Though she has had some struggles, she says "VUB kept me sane," explaining that the math help has been invaluable to her.

Amber is just five classes away from formally entering the nursing program. Once completing the program at SLCC, Amber plans to attain a Bachelor's and then Master's degree.

Originally from Idaho, Amber now lives with her family in Salt Lake City, though she hopes to eventually move to Alaska. Amber is married and has three children and two step-children, ranging in age from 5 to 20 years.

## Receive College Credit for Life Experience

**A**re you interested in receiving credit for your life experiences to possibly reduce the required number of hours it will take you to complete college? DSST (also known as Dantes) Exams are now available at Weber State University.

- The exams are computer based
- They are available at the Davis Testing Center in room 214 on the Davis campus. Call 801-395-3495 (appointment required).
- They are available at the Social Science Testing Center room 38 on the Ogden campus. Call 801-626-6958 (appointment required)
- There is a \$20 non-refundable Booking Fee due at the time of reservation
- There is a \$80 Testing Fee (waived with a current Military ID)



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**Utah Veterans Upward**

**SCHEDULE OF EVENTS**

January 10-March 9  
WSU-English Refresher  
Mon & Wed: 1-2:30 pm

January 11-March 3  
WSU-Math A  
Tues & Thurs: 1-2:30 pm

January 11-March 10  
SLCC-English Refresher  
Tues & Thurs: 1-2:30 pm

January 10-March 9  
SLCC-Math A  
Mon & Wed: 1-2:30 pm

January 18  
Note Taking Workshop  
WSU 3-4 pm

January 19  
Reading Skills Workshop  
WSU 3-4 pm

January 20  
Learning Styles  
Workshop  
WSU 3-4 pm

January 18  
Computer Basics  
Workshop  
WSU 2:30-3:30 pm

# January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 WSU Spring Semester	4	5	6	7	8
9	10 SLCC Spring Semester	11	12	13	14	15
16	17 WSU/SLCC Holiday	18 WSU Note Taking Workshop	19 WSU Reading Skills Workshop	20 WSU Learning Styles Workshop	21	22
23	24	25	26 WSU Computer Basics Workshop	27	28	29
30	31					

**SCHEDULE OF EVENTS**

January 10-March 9  
WSU-English Refresher  
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January 11-March 10  
SLCC-English Refresher  
Tues & Thurs: 1-2:30 pm

January 10-March 9  
SLCC-Math A  
Mon & Wed: 1-2:30 pm

February 9  
Resume Building Workshop  
WSU 3-4:30 pm

February 10  
Interview Skills Workshop  
WSU 3-4:30 pm

February 16  
Microsoft Word Workshop  
WSU 2:30-3:30 pm

February 28  
FAFSA Workshop  
WSU 2:30-4 pm

# February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 WSU Resume Building Workshop	10 WSU Interview Skills Workshop	11	12
13	14 	15	16 WSU Microsoft Word Workshop	17	18	19
20	21 WSU/SLCC Holiday	22	23	24	25	26
27	28 WSU FAFSA Workshop					

**SCHEDULE OF EVENTS**

# March 2011

January 10-March 9  
WSU-English Refresher  
Mon & Wed: 1-2:30 pm

January 11-March 3  
WSU-Math A  
Tues & Thurs: 1-2:30 pm

January 11-March 10  
SLCC-English Refresher  
Tues & Thurs: 1-2:30 pm

January 10-March 9  
SLCC-Math A  
Mon & Wed: 1-2:30 pm

March 1  
FAFSA Workshop  
SLCC 3:30-5 pm

March 9  
Microsoft Excel  
Workshop  
WSU 2:30-3:30 pm

March 23  
Microsoft PowerPoint Work-  
shop  
WSU 2:30-3:30 pm

March 24  
Test Taking Workshop  
WSU 3-4 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 SLCC FAFSA Workshop	2	3	4	5
6	7	8	9 WSU Microsoft Excel Workshop	10	11	12
13	14 WSU/SLCC Spring Break	15 WSU/SLCC Spring	16 WSU/SLCC Spring Break	17 WSU/SLCC Spring	18 WSU/SLCC Spring	19
20	21	22	23 WSU Microsoft PowerPoint Workshop	24 WSU Test Taking Workshop	25	26
27	28	29	30	31		

**SCHEDULE OF EVENTS**

# April/May 2011

April 18-21  
WSU Finals

April 22  
WSU Graduation

May 2-5  
SLCC Finals

May 5  
VUB Banquet

May 6  
SLCC Graduation

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 WSU Finals	19 WSU Finals	20 WSU Finals	21 WSU Finals	22 WSU Graduation	23
24	25	26	27	28	29	30
May 1	May 2 SLCC Finals WSU Summer Semester Begins	May 3 SLCC Finals	May 4 SLCC Finals	May 5 SLCC Finals VUB Banquet	May 6 SLCC Graduation	May 7

# VUB Services Offered at WSU-Davis Campus

Is WSU's Davis Campus in Layton convenient for you? Come and take advantage of the following services!

## **VUB Math Tutoring**

FREE math tutoring is available at the WSU Davis Campus for students with Veterans Upward Bound! Come get help from an experienced and nationally certified tutor in a variety of math subjects such as College Algebra, Trigonometry, Calculus, and developmental math classes including those taught in WSU's Hub! Tutoring is available every Wednesday from 3 PM - 6 PM in room #259. Call Jonathan Zempter at (801) 395-3524

or stop by room #221 for more information.

## **VUB Writing and Computer Tutoring**

VUB Free tutoring also includes English/writing and computer literacy help. Stop in to see Yulia in room #255 on Tuesdays and Thursdays from 8:30 AM - 11:30 AM.

## **DSST Testing**

DSST exams provide a way to earn college credits for knowledge in 38 subjects. Disciplines include Business, Humanities, Physical Science, Social Sciences, math, and technology. There are tests in subjects from personal accounting to public speaking, from your health to law enforcement and ethics.

DSST exams are now offered at the Davis Testing Center by appointment. For exam descriptions and test preparation materials, go to [www.GetCollegeCredit.com](http://www.GetCollegeCredit.com). To make a testing appointment, contact Brenda Cheever at 395-3532.

## **VUB Advisor**

The VUB Enrollment Advisor, Dan Czech, visits the Davis campus every week. He is available to answer questions about the program and to enroll participants on Wednesdays from 1PM - 3 PM in room #255.



# Scholarship Season Is Here

Every year, schools across the country have scholarship money they are unable to award due to a lack of students applying.

The scholarship application process is not difficult, but it does take preparation and time. Scholarship applications are generally completed early in spring semester for money awarded for the following fall semester. Schools have scholarships as

do the various colleges and departments within the school. In addition, there are outside scholarships from various businesses and trade organizations.

Most schools have a scholarship office to help students determine which scholarship they are eligible for and to provide the application materials. Applications usually require a personal statement and letters of recommendation as well as transcripts and often a photo.

Many applications are now completed online, so access to a computer may be necessary as well.

VUB has scholarships as well. Our regional VUB group, ASPIRE, offers scholarships each year as does our national group, NAVUB. In addition, the Utah Department of Veterans Affairs offers two scholarships to Utah VUB participants. Watch your email for application forms and directions as scholarships become available.

# This Month in Military History

**January 8, 1815** - The Battle of New Orleans occurred as General Andrew Jackson and American troops defended themselves against a British attack, inflicting over 2,000 casualties. Both sides in this battle were unaware that peace had been declared two weeks earlier with the signing of the Treaty of Ghent ending the War of 1812.

**January 12, 1991** - Congress authorized President George Bush to use military force against Iraq following its invasion of Kuwait.

**January 21, 1954** - The *USS Nautilus*, the world's first nuclear powered submarine, was launched at Groton, Connecticut.

**January 22, 1943** - During World War II in the Pacific, Japanese resistance ended in New Guinea, resulting in the first land victory of the war for Allied forces.

**January 23, 1968** - The American ship *USS Pueblo* was seized by North Koreans in the Sea of Japan amid claims the Navy ship was spying. The ship was confiscated and its crew held in captivity until December, with one fatality.

**January 27, 1943** - The U.S. 8th Air Force conducted the first all-American bombing raid on Germany as 55 bombers targeted Wilhelmshaven, losing three planes while claiming to have shot down 22 German fighters. The success of this first mission encouraged U.S. military planners to begin regular daylight bombing raids, which eventually resulted in high casualty rates for the American crewmen involved.

**January 27, 1973** - U.S. involvement in the Vietnam War ended as North Vietnamese and American representatives signed an agreement in Paris. The U.S. agreed to remove all remaining troops within 60 days thus ending the longest war in American history. Over 58,000 Americans had been killed, 300,000 wounded and 2,500 declared missing. A total of 566 prisoners-of-war had been held by the North Vietnamese during the war, with 55 reported deaths.

**January 28, 1915** - The U.S. Coast Guard was created by an Act of Congress, combining the Life Saving Service and the Revenue Cutter Service.

*Information Provided by The History Place website (www.historyplace.com)*

## VUB Staff

**Randy Wilson, Director**

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# VUB Workshops Planned for Spring Semester

**S**pring semester holds in store a number of great refresher courses and workshops for Veterans Upward Bound participants.

Math A will again be offered this semester at both the Weber State and Salt Lake Community College campuses. This refresher course covers material from the Math 950 college course. This class will meet two times per week for 1-1/2 hours each time for a total of eight weeks. Following the completion of Math A, Math B will be offered if anyone is interested. Math B covers material from the Math 960 college course. The Accuplacer exam will be given throughout the math course so students may have the opportunity to test out of the lower

level college math classes, thus avoiding the need to take unnecessary credits.

English will also be offered at both campuses this semester. This refresher course will cover sentence structure, basic punctuation, and writing fundamentals. The Accuplacer will be taken as part of this course so students may have the chance to place in a higher college English course. English will be held two days a week for 1-1/2 hours each day for a total of eight weeks.

In addition to the refresher courses, VUB will be offering a number of fabulous one-day workshops. On the Weber State campus.

Computer Basics will cover the use and operation of a computer, searching the internet, and using email. Specific Microsoft Office ap-

plications will be covered in individual workshops on Word, Excel, and PowerPoint.

Job search workshops will include courses on Resume Building and Interviewing.

Help with school issues will be covered in a series of workshops on topics of Note Taking, Reading Skills, Learning Styles, and Test Taking.

In addition, workshops for assistance with the completion of the FAFSA (Free Application for Federal Student Aid) will be held on both the Weber State and Salt Lake Community College campuses.

Check out the calendar in this newsletter for details on dates and times of these courses and workshops. In addition, information for each will be sent to all participants via email.

## GI Bill 2.0 Passes Senate

**T**he New GI Bill 2.0 is an upgrade to the current post 9/11 GI Bill which will now include all student veterans. Previously tens of thousands were excluded from this benefit. Provisions to the bill upgrade include the expansion of vocational training, inclusion of all National Guardsmen, extension of living allowances to distance learners, simplification of the Yellow Ribbon program, and an increase to the book stipend.

Veterans organizations have been working tirelessly on this important upgrade. The results represent months of hard work, bipartisanship, and compromise. More work remains to be done, but these results are a good start.

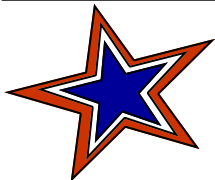
*Information Provided by the Student Veterans of America Winter 2010 Newsletter*

**SAVE THE DATE**  
*Veterans Upward Bound*  
*Annual Banquet*  
**Thursday, May 6**



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## **VUB Spring 2011 Drop-in Tutoring/Enrollment Advisor Schedule**

### **WSU—Annex 12 (January 3 - April 22)**

#### ***Math Tutoring***

Monday & Wednesday — 8 am - 4:30 pm  
Tuesday & Thursday — 8 am -1 pm; 2:30 pm - 4:30 pm  
Friday — By appointment

#### ***English & Computer Literacy Tutoring***

Monday, Wednesday, & Friday — 9:30 am - 3:30 pm

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### **WSU-Davis (January 3 - April 22)**

#### ***Math Tutoring***

Wednesday — 3 pm -6 pm

#### ***English & Computer Literacy Tutoring (Rm 255)***

Tuesday & Thursday — 8:30 am - 11:30 am

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### **SLCC—Redwood (January 10 - May 6)**

#### ***Math Tutoring (CT 194)***

Monday & Wednesday — 1pm - 5 pm  
Tuesday & Thursday — 3 pm -7 pm  
Friday — 12 pm - 4 pm

#### ***English & Computer Literacy Tutoring (AD 249)***

Tuesday & Thursday — 1pm - 5 pm

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### **VUB Enrollment Advisor (January 3 - May 6)**

#### ***WSU-Annex 12***

Monday — 8 am - 4:30 pm  
Wednesday — 8 am - 10:30 am  
Friday — By appointment

#### ***SLCC-Redwood (SC 059)***

Tuesday & Thursday — 8:30 am - 10:30 am

#### ***WSU Davis (Room 255)***

Wednesday —1 pm - 3 pm

#### ***SLCC—South Campus***

By appointment only (call 801-920-4735)

